

Health & Social Care Curriculum

At St Patricks Catholic College, Health and Social Care is offered as an option at the end of Year 8.

We have very high expectations for our students to meet and exceed their potential in their Health and Social Care course. Consistency of expectations and standards is of utmost importance within the subject area and all students are expected to conduct themselves appropriately.

What are the key skills needed for this course?

All students are welcome to select Health and Social Care as one of their options.

You will need:

- High levels of resilience
- High levels of motivation
- The ability to meet deadlines

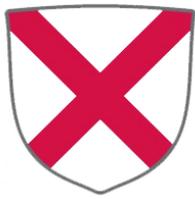
What courses/employment could I progress to at the end of the course?

Health and Social Care will enable progression on to a variety of level 3 vocational courses in addition to accessing many of the apprenticeships that are available. Employment opportunities within the NHS which is one the area's largest employer.

What is covered in Year 9

In year 9 students are given a broad knowledge of general Health and Social Care and with various topics covered such as:-

- Human Lifespan Development – exploring how people develop both physically, intellectually, emotionally and socially
- Care Values – exploring the care sector, both from the employees and the service users point of view
- Health Promotion – exploring different health promotion campaigns such as immunisations or young children, drink driving campaigns and bowel cancer awareness
- Healthy eating – how eating unhealthily can negatively affect a person's health and wellbeing



What is covered in Years 10 and 11

Externally assessed
(exam taken in the May of year 10)

Unit 1 - Human lifespan development. Exploring in detail how people develop and the life events that can affect this development

Internally assessed
(through coursework)

Unit 2 - Care Values – exploring different types of care sectors, looking at codes of conduct for care workers and the importance of individualised care for each service user

Unit 5 – Promoting health and well-being – exploring the reasons why health promotion is needed and its benefits both to the individual and the nation. Looking at specific health promotion campaigns and how they are targeted at specific groups of people.

Unit 6 – The Impact of nutrition on health and wellbeing – students will be required to research different ways of keeping people healthy through what they eat. Students will also explore the effects of an unbalanced diet.